# **Travel-Related Quarantine Guidelines | COVID-19**

# Updated May 12, 2020

In response to the COVID-19 pandemic, The Kansas Department of Health and Environment (KDHE) will issue regular mandates on travel-related quarantines for **international**, **domestic**, and **cruise**-related travel. People in Kansas are asked to quarantine for a period of 14 days starting from the day they arrive in Kansas. Regularly check this list to stay up-to-date on travel-related guidance. Please refer to the KDHE Isolation and Quarantine FAQ for additional information. (*Note: these mandates do not apply to critical infrastructures, as defined by the Department of Homeland Security, including healthcare and public health, needed to continue operations during this pandemic.*)

### KDHE is mandating a 14-day home quarantine for Kansans if you have done any of the following:

1. Traveled within the United States to any of the following states with known widespread community transmission:

| On or after March 15 | On or after March 23   | On or after April 6 | On or after April 30          | On or after May 12 |
|----------------------|------------------------|---------------------|-------------------------------|--------------------|
| New York             | Illinois<br>New Jersey | Connecticut         | Massachusetts<br>Rhode Island | Maryland           |

## 2. Traveled internationally on or after March 15.

- People who have previously been told by Public Health to quarantine because of their international travel to China, South Korea, Japan, Italy and Iran should finish out their quarantine.
- 3. Traveled on a cruise ship or river cruise on or after March 15.
  - People who have previously been told by Public Health to quarantine because of their cruise ship travel should finish out their quarantine.

# I have traveled recently and meet one of the mandatory quarantine criteria above. What should I do?

Those who are under a 14-day home quarantine should stay home and monitor their symptoms. They should not attend school, work or any other setting where they are not able to maintain about a 6-foot distance from other people. If you become ill and need to seek medical attention, let your provider know that you have traveled recently or have been otherwise exposed to COVID-19. See KDHE's Isolation and Quarantine FAQ for more information.

#### How are these travel areas determined?

For locations within the United States, KDHE uses a number of sources of data including the number of cases each state has and whether the state is reporting widespread community transmission to make the determination.

For countries **outside of the United States**, KDHE refers to the COVID-19 Travel Recommendations by Country which is maintained by the CDC <u>https://www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notices.html</u>.

Currently, **KDHE does not consider travel within Kansas as a criteria for travel-related quarantine**. However, a local health officer may choose to include this as a criteria so you should be aware of your local isolation and quarantine criteria.

Check this page routinely for more the most up-to-date information regarding travel-related guidelines.

| Туре                 | Effective Date   | Where?                             |
|----------------------|--|------------------------------------|
|                      | On or after March 15   | New York                           |
|                      |  | New Jersey                         |
| Domestic Travel      | On or after March 23   | Illinois                           |
|                      | On or after April 6  | Connecticut                        |
|                      | On or offer April 20   | Massachusetts                      |
|                      | On or after April 30   | Rhode Island                       |
|                      | On or after May 12   | Maryland                           |
| International Travel | On or after<br>March 15<br>People previously under quarantine<br>because of travel to China, South<br>Korea, Japan, Italy and Iran should<br>finish out their quarantine | All countries                      |
| Cruises              | On or after<br>March 15<br>People previously under quarantine<br>because of their cruise ship travel<br>should finish out their quarantine                               | All cruise ships and river cruises |

